



West Springfield Terriers 2022-23 Roster

#	Name	Pos.	Yr.	Hometown
2	Christopher Torres	F	Sr.	West Springfield
3	Gavin Hall	F	Jr.	
5	Vinny Douglas	F	So.	
6	Luke Castor	D	Sr.	West Springfield
7	Liam Connelly	D	So.	
9	Patrick Fletcher	F	Jr.	
10	C.J. LaBonte	F	Sr.	West Springfield
11	Jacob Melvin	F	Jr.	
13	Owen Hall	F	So.	
15	Jacob Owczan	F	So.	
16	Cole Castor	D	So.	
17	Liam Pouliot	F	Sr.	
19	Michael Parker	F	Sr.	West Springfield
20	Nathan Ward	F	Jr.	
21	Caden Sousa	F	So.	
22	Jacob Meyers	G	Sr.	West Springfield
23	Liam Cournoyer	D	Sr.	
24	Nik Dwyer	F	Jr.	
30	Kaden Navone	G	Jr.	
43	Hayden Stopa	F	So.	
72	Troy Cashman	G	So.	
77	Clyde Spaeth	D	Jr.	
88	Chase Navone	F	So.	

Coaches and Captains:

Head Coach: Rick Williams

Assistant Coaches: Carlo Navone

2022-23 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 8	6:30 PM	Away	Olympia Center, West Springfield, MA	Longmeadow	West Springfield (5) vs Longmeadow (1)
Dec. 15	3:30 PM	Away	Amelia Park Rink, Westfield, MA	Westfield	West Springfield (4) vs Westfield (3)

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 17	6:30 PM	Home	Olympia Center, West Springfield, MA	East Longmeadow	West Springfield (4) vs East Longmeadow (4)
Dec. 22	6:30 PM	Home	Olympia Center, West Springfield, MA	Suffield/Granby/Windsor Locks (CT)	West Springfield (9) vs Suffield/Granby/Windsor Locks (CT) (1)
Dec. 28	2:00 PM	Away	Horgan Skating Arena, Auburn, MA	Auburn/Millbury	West Springfield (2) vs Auburn/Millbury (7)
Dec. 30	7:20 PM	Away	Olympia Center, West Springfield, MA	Minnechaug	West Springfield (7) vs Minnechaug (4)
Jan. 5	8:30 PM	Home	Olympia Center, West Springfield, MA	Agawam	West Springfield (2) vs Agawam (1)
Jan. 12	6:30 PM	Home	Olympia Center, West Springfield, MA	Belchertown	West Springfield (6) vs Belchertown (0)
Jan. 16	12:00 PM	Home	Olympia Center, West Springfield, MA	Worcester (Burncoat)	West Springfield (10) vs Worcester (Burncoat) (3)
Jan. 21	7:40 PM	Away	Buffone Arena, Worcester, MA	Grafton	West Springfield (2) vs Grafton (3)
Jan. 24	6:00 PM	Away	Orr Rink, Amherst, MA	Amherst-Pelham	West Springfield (3) vs Amherst-Pelham (1)
Jan. 26	8:30 PM	Home	Olympia Center, West Springfield, MA	Minnechaug	West Springfield (4) vs Minnechaug (6)
Jan. 28	7:30 PM	Away	NorthStar Ice Sports, Westborough, MA	Westboro	West Springfield (0) vs Westboro (2)
Feb. 1	3:50 PM	Away	Enfield Twin Rinks, Enfield, CT	Tri-Town (CT)	West Springfield (3) vs Tri-Town (CT) (3)
Feb. 4	4:00 PM	Home	Olympia Center, West Springfield, MA	Hopedale / Milford	West Springfield (2) vs Hopedale / Milford (3)
Feb. 8	7:00 PM	Away	Amelia Park Rink, Westfield, MA	Westfield	West Springfield (10) vs Westfield (2)
Feb. 11	6:30 PM	Away	Collins-Moylan Skating Arena, Greenfield, MA	Greenfield	West Springfield (5) vs Greenfield (2)
Feb. 17	8:30 PM	Away	Olympia Center, West Springfield, MA	East Longmeadow	West Springfield (0) vs East Longmeadow (1)
Feb. 18	8:00 PM	Home	Olympia Center, West Springfield, MA	Longmeadow	West Springfield (2) vs Longmeadow (2)
Feb. 23	6:00 PM	Home	Olympia Center, West Springfield, MA	East Longmeadow	West Springfield (2) vs East Longmeadow (6)
Mar. 1	7:00 PM	Away	Groton School Rink, Groton, MA	North Middlesex	West Springfield (4) vs North Middlesex (5)

Player Profiles

#2 Christopher Torres SR F

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#5 Vinny Douglas SO F

Stats:

#3 Gavin Hall JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#6 Luke Castor SR D

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#7 Liam Connelly SO D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#10 C.J. LaBonte SR F

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#13 Owen Hall SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#16 Cole Castor SO D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#19 Michael Parker SR F

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#21 Caden Sousa SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#23 Liam Cournoyer SR D

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#30 Kaden Navone JR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
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Season	GP	G	A	Pts	PIM	Shots
2021-22						
2020-21						
2019-20						

#9 Patrick Fletcher JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#11 Jacob Melvin JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#15 Jacob Owczan SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#17 Liam Pouliot SR F

Hometown: West Springfield

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#20 Nathan Ward JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#22 Jacob Meyers SR G

Hometown: West Springfield

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						
2020-21						
2019-20						

#24 Nik Dwyer JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#43 Hayden Stopa SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						

#72 Troy Cashman SO G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						

#88 Chase Navone SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#77 Clyde Spaeth JR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						