



Norwood Mustangs 2022-23 Roster

#	Name	Pos.	Yr.	Hometown
2	Ben MacDougall	D	Sr.	
5	Sam Lally	F	Jr.	
6	Andrew Gillis	F	Jr.	
10	Sean Dittmeier	F	Sr.	
12	Kevin Broderick	F	Sr.	
13	Paul Sheehan	D	Sr.	
15	Michael Moynihan	D	Sr.	
16	Anthony Riccardi	D	So.	
20	Conor Lydon	F	Sr.	
21	Eddy Carroll	D	Jr.	
26	Brady O'Neill	D	Sr.	
27	Rich Carroll	F	Sr.	
28	Ryan Valeri	F	So.	
30	Mike Walsh	G	Sr.	
31	Anthony Amato	G	Jr.	
35	Jared Tinlin	G	Jr.	

Coaches and Captains:

Head Coach: Chuck Allen

Assistant Coaches: Steve Roe, Chris Folan

2022-23 Season

Date	Time	H/A	Venue	Opponent	Final Scores
Dec. 8	6:00 PM	Away	Gallo Arena, Buzzards Bay, MA	Scituate	Norwood (3) vs Scituate (5)
Dec. 10	4:00 PM	Away	Gallo Arena, Buzzards Bay, MA	Sandwich	Norwood (5) vs Sandwich (5)
Dec. 14	8:00 PM	Away	New England Sports Center, Marlboro, MA	Hopkinton	Norwood (0) vs Hopkinton (5)
Dec. 17	4:00 PM	Home	The Skating Club of Boston, Norwood, MA	Ashland	Norwood (3) vs Ashland (0)
Dec. 21	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Medfield	Norwood (0) vs Medfield (4)
Dec. 28	2:00 PM	Away	Rodman Arena, Walpole, MA	Walpole	Norwood (2) vs Walpole (3)
Jan. 4	6:00 PM	Away	Loring Arena, Framingham, MA	Holliston	Norwood (3) vs Holliston (1)
Jan. 7	4:00 PM	Away	Canton Ice House, Canton, MA	Westwood	Norwood (4) vs Westwood (1)

Date	Time	H/A	Venue	Opponent	Final Scores
Jan. 11	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Medway	Norwood (6) vs Medway (1)
Jan. 18	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Dedham	Norwood (4) vs Dedham (1)
Jan. 21	8:30 PM	Away	Pirelli Veterans Arena, Franklin, MA	Bellingham	Norwood (8) vs Bellingham (0)
Jan. 25	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Norton	Norwood (3) vs Norton (2)
Jan. 30	7:00 PM	Away	MacDowell Ice Arena, Weston, MA	Dover-Sherborn/Weston	Norwood (4) vs Dover-Sherborn/Weston (2)
Feb. 1	6:00 PM	Home	The Skating Club of Boston, Norwood, MA	Hopkinton	Norwood (6) vs Hopkinton (3)
Feb. 4	5:00 PM	Away	Loring Arena, Framingham, MA	Ashland	Norwood (3) vs Ashland (1)
Feb. 6	6:50 PM	Away	Foxboro Sports Center, Foxboro, MA	King Philip	Norwood (3) vs King Philip (3)
Feb. 8	6:00 PM	Away	Pirelli Veterans Arena, Franklin, MA	Medfield	Norwood (3) vs Medfield (7)
Feb. 11	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Holliston	Norwood (4) vs Holliston (0)
Feb. 15	5:00 PM	Home	The Skating Club of Boston, Norwood, MA	Westwood	Norwood (4) vs Westwood (2)
Feb. 18	4:00 PM	Home	The Skating Club of Boston, Norwood, MA	Milton	Norwood (3) vs Milton (6)
Mar. 1	7:30 PM	Away	Rockett Arena, Salem, MA	Marblehead	Norwood (5) vs Marblehead (2)
Mar. 5	3:40 PM	Away	Breakaway Ice Center, Tewksbury, MA	Tewksbury	Norwood (5) vs Tewksbury (2)
Mar. 8	6:00 PM	Home	New England Sports Center, Marlboro, MA	Hopkinton	Norwood (3) vs Hopkinton (5)

Player Profiles

#2 Ben MacDougall SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#5 Sam Lally JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#6 Andrew Gillis JR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#10 Sean Dittmeier SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#12 Kevin Broderick SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#13 Paul Sheehan SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#15 Michael Moynihan SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#16 Anthony Riccardi SO D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#20 Conor Lydon SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						
2020-21						
2019-20						

#26 Brady O'Neill SR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#28 Ryan Valeri SO F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#31 Anthony Amato JR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						

#21 Eddy Carroll JR D

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#27 Rich Carroll SR F

Stats:

Season	GP	G	A	Pts	PIM	Shots
2022-23						
2021-22						

#30 Mike Walsh SR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						
2020-21						
2019-20						

#35 Jared Tinlin JR G

Stats:

Season	Mins	SA	GA	Sv%	GAA	SO
2022-23						
2021-22						